

# Integrating services to better care for people living with depression

***Navigating the health system can pose a huge challenge for people living with depression.***

By integrating programmes for mental health into wider health and social care services, we can ensure more people with depression receive appropriate care, reduce overall costs and support people to find the help they need to get better.<sup>1</sup>



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2. White J. 2018. Interview with Sandra Evans at The Health Policy Partnership [Telephone]. 7/6/18  
3. Smith H, Quigley A. 2018. Interview with Sandra Evans at The Health Policy Partnership [Telephone]. 13/6/18  
4. National Health Service. Symptoms: Clinical depression. [Updated 05/10/16]. Available from: <https://www.nhs.uk/conditions/clinical-depression/symptoms/> [Accessed 05/08/20]

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